

PALESTINE

Islamic Teachings: A Concise Perspective.

Introduction

We feel your pain



The conflict in Palestine has caused much distress and concern, with many people suffering for nearly 75 years. As Muslims, it's natural for us to feel heartbroken when we witness such suffering, but we can take solace from the Quran. At the core of every believer is feeling the pain and suffering for others. Many of us feel numb, bitterly distraught at what we witness daily on our screens.

Al-Nu'man ibn Bashir reported that the Messenger of Allah (peace be upon him) said,

“The parable of the believers in their affection, mercy, and compassion for each other is that of a body. When any limb aches, the whole body reacts with sleeplessness and fever.”

[Bukhari and Muslim]



"Oh you who have believed, be persistently standing firm for Allah, witnesses in justice, and do not let the hatred of a people prevent you from being just. Be just; that is nearer to righteousness." (Quran 5:8)



Exploring the Message of the Quran

The Quran teaches us fundamental principles like justice, compassion, empathy, and uprightness, which guide our beliefs and actions. In this presentation, we'll show the actions that align with Islamic teachings to address the situation in Palestine.

The Quran delivers a crucial message about the significance of performing acts of charity, kindness, and compassion towards our fellow human beings. Muslims are urged to support those in need, promote justice and fairness, and assist the less fortunate. Islam is all for the betterment of society and elevating humans to a high stature.

Destiny

Accepting Allah's Decree: A Muslim's Perspective

As Muslims, it is our duty to accept Allah's Decree as it unfolds around us. It's a relief to know that we are only tested in our reactions to the situations we encounter. We should strive to be patient in times of adversity and grateful in moments of prosperity, demonstrating our true faith as believers. This is challenging, but then we know that anything that tries us carries immense reward. However, that doesn't mean we sit tight as events and injustice unfold. We need to channel our emotion into constructive actions which lead to positive change.



Tough times



Seeking Allah's Mercy in Tough Times

As believers, we must acknowledge that only Allah's Grace and Mercy can help us through challenging situations. The Quran reminds us, **"They turned away after you had guided them. Had it not been for the Grace and Mercy of Allah upon you, you would have been among the losers"** (Quran 2:64).

Let us seek Allah's Mercy and Grace to navigate tough times and emerge stronger than ever.

"Allah does not burden a soul beyond that it can bear..." (2:226)

The Meaning behind a Powerful Verse about Strength and Resilience

This verse is a source of comfort and reassurance for believers, as it emphasises that God never burdens them beyond their capacity. While life can be challenging and difficult, this verse reminds individuals that they possess the inner strength and endurance to confront these obstacles with hope, faith, and patience.

Support dialogue

Support Dialogue and Peace Initiatives:

The Quran promotes reconciliation and peaceful resolution of conflicts. Support and promote dialogue and peace initiatives aimed at resolving the Palestinian-Israeli conflict peacefully. Engage in interfaith dialogues to build bridges and promote understanding between different viewpoints. Once we inform ourselves of the deeper issues surrounding the conflict only then can we build bridges and educate. Our emotions should be channelled productively and positively, leading to action for the greater good of the cause and towards a peaceful society, we live in.



The Oppressed

The one who is oppressed has no one to turn to but Allah Almighty. Regardless of their religion, as long as they are oppressed, Allah will accept his dua. Their dua could be for something good, such as for their oppressor to be guided, or it could be to remove them from their power of oppression. Allah will accept it either way.

Oppression is one of the worst actions. In the holy hadith, Abu Dharr al-Ghifari (may Allah be pleased with him) reported that the Prophet (peace be upon him) narrated from his Lord, Who said:

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ وَيَجْعَلُكُمْ خُلَفَاءَ الْأَرْضِ ^{قُلْ} أَعْلَاهُ مَعَ الْ

Oh, My servants! I have forbidden dhulm (oppression) for Myself, and I have made it forbidden amongst you (human beings), so do not oppress one another. (Muslim)

Education empowers both individuals and communities

The Quran's Emphasis on Seeking Knowledge

For effective support of Palestine, it's crucial to have a deep understanding of the past and present issues in the region. Seeking knowledge is highly valued in the Quran, and having this knowledge can help channel our emotions towards constructive action. Knowledge is a powerful tool for promoting justice and creating a meaningful impact. Armed with knowledge, we can engage in dialogue, increase awareness, and inspire positive change. There are many people who lack an understanding of the root causes of conflict, and this presents an opportunity to make a difference. We can join forces with those who support the cause in a peaceful manner.



Advocate for peace and justice

Promoting Justice and Advocacy

The Quran emphasises the importance of standing up for justice, even if it goes against one's own interests. Surat an-Nisa (4:135) states that Muslims should hold fast to justice and bear witness to Allah, even if it means opposing their own families.

You can make a difference by advocating for peace and justice in the Palestinian-Israeli conflict. Reach out to your elected representatives and express your views. Join peaceful demonstrations and support organisations that are striving for a fair and peaceful resolution. With the overwhelming number of messages and links, it might be useful to select from trusted sources and start some action. Small actions can amount to big results. Everyone can do something within their capacity. Small doesn't mean insignificant.



Strategic thinking

Strategic Thinking and Sustainable Action: Helping in Times of Overwhelming Emotions

During difficult times, it is common to feel lost and helpless. However, every individual is capable of making a difference. But, we must plan strategically on how we can contribute and sustain our efforts in the long run. This will help us move away from impulsive behaviour towards a more consistent approach. It is essential to combine our motivation with logical thinking. One possible approach is to join forces with existing advocacy groups or come up with a peaceful initiative. It might be raising awareness on the issue, entering into dialogue through peaceful means, charity work, protesting peacefully under the rules of the law, and more long-term, advocacy work. And we cannot belittle the power of du'a and charity if that alone is in the remit of what someone can do. Everyone is different and Allah Almighty can recognise and accept the deeds of anyone He chooses. The question one perhaps can ask themselves: **What can I do that is sustainable long term and will add value to the cause?**



Never lose Hope

Finding Hope amidst Suffering

It can be overwhelming to witness suffering from the comfort of our own homes. It's easy to feel helpless and as though there is no solution. However, during these times, it's important to remember that Allah Almighty is near and His plan is beyond our understanding. We must do what we can, and keep hope alive. We should also remember that faith and meaning come with tests and trials as mentioned in this verse.

Allah tells us in Surat al-Baqarah:

Or do you think that you will enter Paradise while such [trial] has not yet come to you as came to those who passed on before you? They were touched by poverty and hardship and were shaken until [even their] messenger and those who believed with him said, "When is the help of Allah?" Unquestionably, the help of Allah is near. [Quran 2:214]





Support



The Importance of Support and Charity in Islam

Providing support to those in need, particularly during challenging times, is a fundamental principle of Islam. The Quran teaches the significance of charity and aiding those who are less fortunate. Surat al-Baqarah (2:267) encourages Muslims to spend from the blessings they have earned and from the resources that Allah has provided. It also emphasises the importance of giving the best of what they have, and not something that they would not accept themselves. Above all, Allah is self-sufficient and deserving of praise.



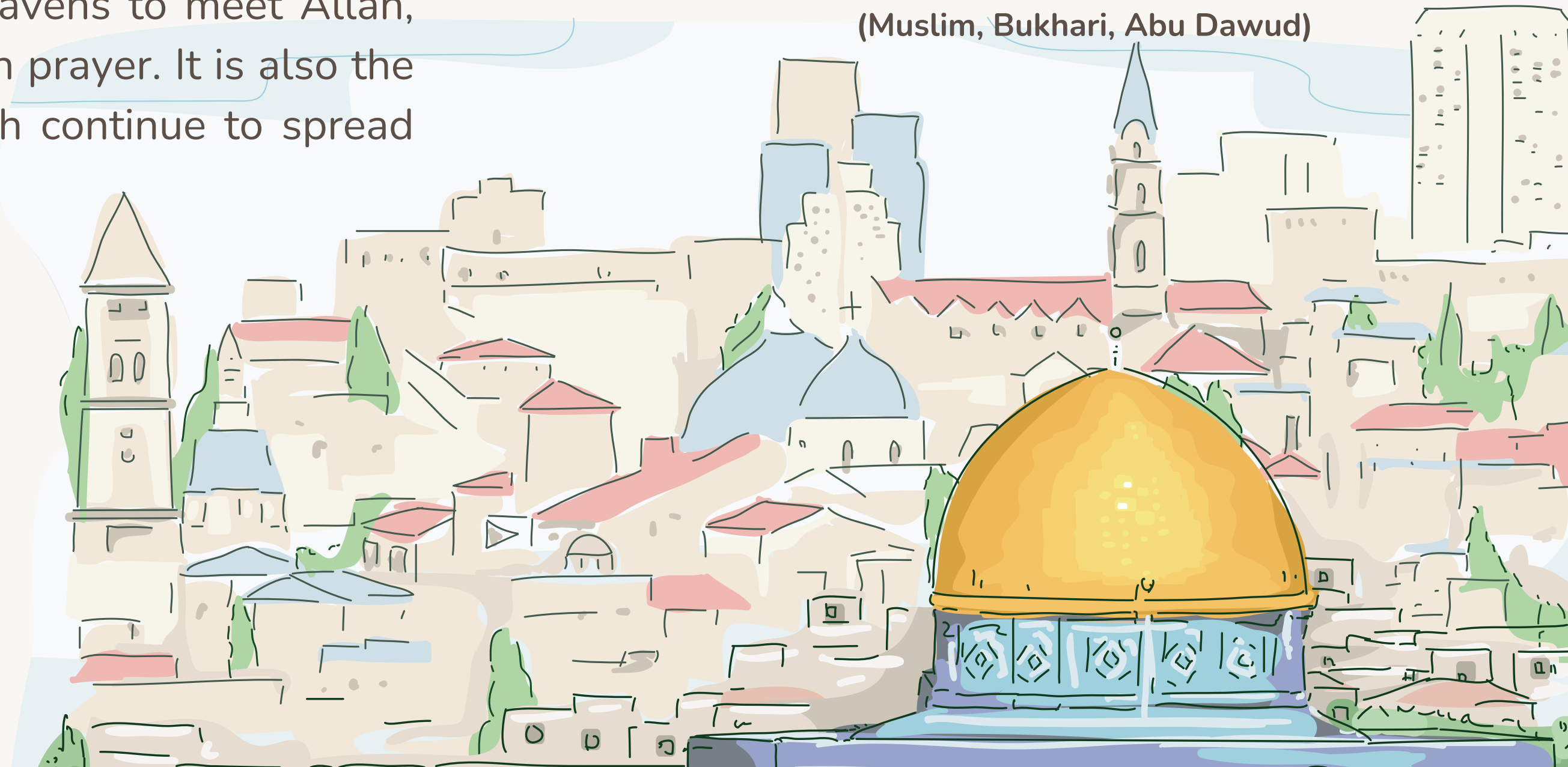
What makes Masjid Al Aqsa significant?

Masjid Al-Aqsa holds immense importance in Islam, being a holy site that Allah has sanctified in the Qur'an. It was the second masjid to ever be built and contains the masjid in which one prayer is equivalent to 500 prayers. This is the masjid from which the Messenger (peace be upon him) was taken up to the Heavens to meet Allah, and where he led all the prophets in prayer. It is also the first qiblah, and the angels of Allah continue to spread their wings over it to this day.

Abu Hurayrah (may Allah be pleased with him) related that the Prophet (peace be on him) said:

“You should not undertake a special journey to visit any place other than the following three Masjids with the expectations of getting greater reward: the Sacred Masjid of Makkah (Kabah), this Masjid of mine (the Prophet’s Masjid in Madinah), and Masjid al-Aqsa (of Jerusalem)”.

(Muslim, Bukhari, Abu Dawud)

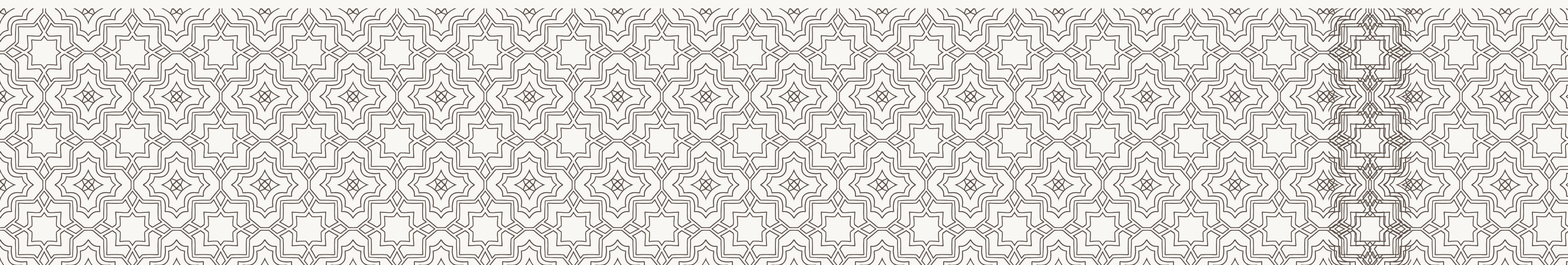


NEVER LOSE HOPE



In difficult times, it is recommended in Islam to maintain self-control by relying on the Mercy and Grace of Allah. Although we pray for protection from life's difficulties, it's essential for Muslims to familiarise themselves with the Quran's message and the Prophet's teachings on how to manage challenging moments. May Allah keep us safe from all trials and challenges in life.

...And do not lose hope in the mercy of Allah, for no one loses hope in Allah's mercy except those with no faith.” (12:87)





Some Supplications

DUJA

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allah is sufficient for us and the best of those on whom to depend. [Quran 3:173]

لَلَّهِمَّ اسْتُرْ عَوْرَاتِهِمْ وَأَمِنْ رَوْعَاتِهِمْ وَاحْفَظْهُمْ مِنْ بَيْنِ أَيْدِيهِمْ وَمِنْ خَلْفِهِمْ وَعَنْ أَيْمَانِهِمْ وَعَنْ شَمَائِلِهِمْ وَمِنْ فَوْقِهِمْ

O Allah, conceal their faults, calm their fears, and protect them from before them and behind them, from their right and from their left, and from above them. [Ibn Majah]



Prayer and Supplication

**Assisting the Oppressed, including Palestinians,
through Prayer and Supplication**



The Quran takes a firm stance on the plight of those who suffer, encouraging us to seek mercy and justice from God.

Surah al-Baqarah (2:186) reminds us that God is near, and will answer the supplications of those who call upon Him.

A practical way to support the oppressed is to dedicate a specific time for prayer.

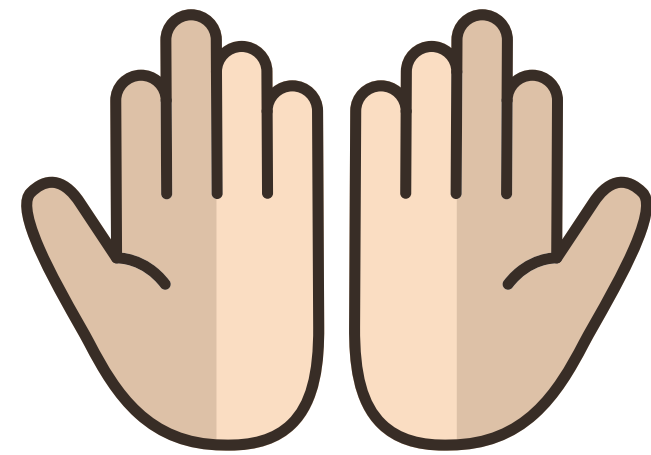
Use this time to pray for peace, justice, and relief from suffering for the people of Palestine.

The power of du'a cannot be underestimated.



Some Supplications

A Prayer for the Oppressed



Oh Allah, the Most Merciful, we humbly implore You to aid the oppressed. As the All-Knowing, You witness their anguish and suffering. We plead with You to relieve them of their hardships and bestow upon them Your mercy. May those who inflict oppression be guided towards the path of righteousness and justice.

O Allah, You are the ultimate source of justice and compassion. We place our trust in Your Wisdom and Mercy. Ameen.

THANK YOU

PALESTINE

YOUR HEART, THEIR FUTURE.

SAMIA AHMED

